



August 2018

Sun	Mon	Tuesday	Wednesday	Thursday	Friday	Sat
			1 Women's Centre Closed for Regatta Day	2 Helping Mothers Thrive 10:30am-1pm (full) Tea Time 1-3PM - Just pop on in, no registration required! Boutique 1-3PM <i>Call to make appointment</i>	3	4
5	6	7 Boutique 12:30 – 3PM <i>Call to make appointment</i> Right Here, Right Now Counselling 12-5PM No appointment necessary!	8 Right Here, Right Now Counselling 12-5pm No appointment necessary!	9 Helping Mothers Thrive 10:30am-1pm (full) Tea Time 1-3PM - Just pop on in, no registration required! Info. Session, 2-3pm: "What is Therapeutic Recreation?" Boutique 1-3PM <i>Call to make appointment</i>	10 Prisoners' Justice Day Cardmaking Craft for Women in Clarendville Correctional Centre 11am-12pm *New! Ukulele Group 2-3pm	11
12	13	14 Boutique 12:30 – 3PM <i>Call to make appointment</i> Right Here, Right Now Counselling 12-5pm No appointment necessary!	15 Right Here, Right Now Counselling 12-5PM No appointment necessary!	16 Helping Mothers Thrive 10:30am-1pm (full) Women's Centre Annual Garden Party! 1-3pm. Information Posters Available! Please register with reception.	17 Boutique 10:30-3PM <i>Call to make appointment</i> *New! Ukulele Group 2-3pm	18
19	20	21 Boutique 12:30 – 3PM <i>Call to make appointment</i> Right Here, Right Now Counselling 12-5PM No appointment necessary!	22 Right Here, Right Now Counselling 12-5PM No appointment necessary!	23 Helping Mothers Thrive 10:30am-1pm (full) Tea Time 1-3PM-Just pop on in, no registration required! Boutique 1-3PM <i>Call to make appointment</i>	24 *New! Ukulele Group 2-3pm	25
26	27	28 Boutique 12:30 – 3PM <i>Call to make appointment</i> Right Here, Right Now Counselling 12-5PM No appointment necessary!	29 Right Here, Right Now Counselling 12-5PM No appointment necessary!	30 Overdose Awareness Day Naloxone Workshop 2-3pm Helping Mothers Thrive 10:30am-1pm (full) Tea Time 1-3PM-Just pop on in, no registration required! Boutique 1-3PM <i>Call to make appointment</i>	31 International Overdose Awareness Day	

*Registration needed for some programs – please see reception for details.