


SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
		1 Right here, Right now Counselling (phone in, zoom or drop in) 12pm-5:30pm Evening sessions available by appointment, please call by 5pm to book a time.	2 Right here, Right now Counselling 12pm-5:30pm Evening sessions available by appointment, please call by 5pm to book a time.	3 Clothing Boutique 10am-1pm 2pm-4pm Call to make appointment	4	5
6	7 Flu Shot Clinic @ WC 1pm-3pm Please call 753-0220 for more information.	8 Right here, Right now Counselling (phone in, zoom or drop in) 12pm-5:30pm Evening sessions available by appointment, please call by 5pm to book a time.	9 Right here, Right now Counselling 12pm-5:30pm Evening sessions available by appointment, please call by 5pm to book a time.	10 Clothing Boutique 10am-1pm 2pm-4pm Call to make appointment Teatime: 2pm-3pm Harm Reduction Peer Support Group 6-7pm	11 Women's Centre Closed for Remembrance Day 	12
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Teatime: Just drop into 170 Cashin Avenue for a cup of tea with us!

Flu Shot Clinic: Please call the Women's Centre for more information.

MAP Peer Support Group - Harm Reduction Peer Support is a casual group of women and nonbinary people that drink or use drugs. Sobriety is not required. This group shares experiences, skills, and coping strategies.

Supper is provided. Group is every second Thursday from 6PM-7PM. For more info, call 771-1077

(709) 753-0220 | reception@sjwomenscentre.ca

170 Cashin Avenue Extension

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